DESCHUTES COUNTY ADULT JAIL

L. Shane Nelson, Sheriff Facility Provider:

P-601 Treatment Protocol December 6, 2017

TREATMENT PROTOCOL

ACID INDIGESTION/GAS

1. <u>Symptoms/Presentation</u>:

- Heartburn, slight pressure in chest
- Possible mild nausea, "full" feeling
- Bloated sensation
- Usually following a meal with spicy foods, bacon, etc.
- Inmate states he/she frequently gets acid indigestion

2. Obtain medical history:

- Does inmate have a past history of cardiac/heart problems?
- If yes, contact Facility Nurse or Facility Physician for further instructions.
- If no, continue.
- 3. Give antacid (Mylanta, Pepto Bismol, or equivalent) 30 cc up to 2 4 times a day.
- 4. If heartburn persists within thirty minutes of administration of the above medication, contact the Facility Nurse or Facility Physician for instructions.

Supersedes: February 8, 2016 Review Date: December 2019

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